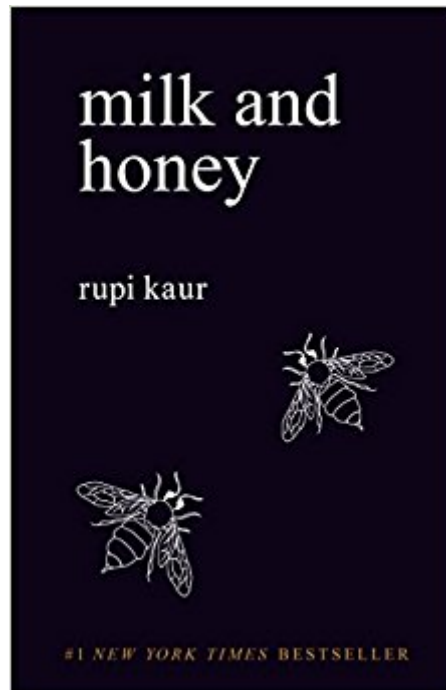




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Milk And Honey



Synopsis

#1 *New York Times* bestseller *Milk and Honey* is a collection of poetry and prose about survival. About the experience of violence, abuse, love, loss, and femininity. The book is divided into four chapters, and each chapter serves a different purpose. Deals with a different pain. Heals a different heartache. *Milk and Honey* takes readers through a journey of the most bitter moments in life and finds sweetness in them because there is sweetness everywhere if you are just willing to look.

Book Information

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Customer Reviews

"At age 24, *Rupi Kaur* has been called the voice of her generation." *(USA Today)* "Rupi Kaur has vision beyond her years | Her work is simply but powerfully expressed, and viscerally captures both universal human experience and the particular struggles of a young woman today." *(Huffington Post)* "Rupi's poetry is simple, relatable, gorgeous, and grounded in the everyday experiences of young women." *(Rachel Grate, Hello Giggles)* "A must-have poetry collection about healing and hope." *(Bustle)* "Rupi Kaur's first book, *Milk and Honey* is the poetry collection every woman needs on her nightstand or coffee table. Accompanied by her own sketches, the beautifully honest poems read like the everyday, collective experiences of today's modern woman." *(Erin Spencer, Huffington Post)* "Discussing themes of love, loss, and healing, *Milk and Honey* finds a way to connect to every reader." *(Business Insider)* "Milk and Honey brings any tormented reader to an enlightened state of self-reflection that may have taken years to accomplish

alone. (Elite Daily) The honest words of Rupī Kaur leave you continuously wanting more as she writes with eloquence and poise. Her work will send you to past thoughts and realities you might not have known you had. (Sienna Brown, WildSpice Magazine) Rupī Kaur's writing echoes of artistry and wisdom which is seen in the work of those that have been writing for years. (Samira Sawlani, Media Diversified)

Rupī Kaur is a #1 New York Times bestselling author and illustrator of two collections of poetry. She started drawing at the age of five when her mother handed her a paintbrush and said "draw your heart out." Rupī views her life as an exploration of that artistic journey. After completing her degree in rhetoric studies she published her first collection of poems, *Milk and Honey*, in 2014. The internationally acclaimed collection sold well over a million copies gracing the New York Times bestseller list every week for over a year. It has since been translated into over thirty languages. Her long-awaited second collection, *The Sun and Her Flowers*, was published in 2017. Through this collection she continues to explore a variety of themes ranging from love, loss, trauma, healing, femininity, migration, revolution. Rupī has performed her poetry across the world. Her photography and art direction are warmly embraced and she hopes to continue this expression for years to come.

The *Hurting* part of this collection was raw, honest, and gritty. I absolutely adored that first part so much. It takes a lot of make beautiful words from such a dark event but Kaur managed to do that. The other sections weren't as powerful. There was pieces here and there that were amazing but over all it was kinda bland. However this could be because of how amazing the first collection was. The last section *Healing* was better but seemed to lose track, and become more about feminism than self healing. I have no issue with that but I wasn't sure they all fit together. That being said this is a very strong collection of poetry. It's a wonderful read, and I look forward to seeing what Rupī Kaur does next

I bought this book because I love to hear the stories of others. The problem with this book was that it had no stories, Rupī encapsulates you in an experience. I bought this to read to my significant other, I thought it may be just another pleasantry to share, but as I read it to her, I got so lost in the experience that I forgot that there was a person next to me. Feeling like it was an out-of-body type experience, I learned, and at the end of the day, I'll be a better father, son, brother, and lover because of it. So I thank the artist. Truly a pleasure.

Excellent. I don't usually enjoy reading poetry (I'm too fast of a reader to really pause between poems like they require) but this worked for me. Some of the poems are very short but have a huge impact. HUGE. Like, how the heck did she cram a whole story of heartache in five words? Also illustrated by the author which I really enjoyed and felt added to the poems. READ THIS BOOK!!

Can't wait for the next collection! Already pre-ordered. I love her poetry, even when it's a little simplistic - but the best part is that my daughter loves it, and these are the voices I want her to know and hear in her life.

I don't really like poetry but this was a great read!

This book of poetry and illustrations are beautiful.

Beautiful poetry by a beautiful poet.

Good, quick read

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